

WEEK 1

SPRING VILLAGE AT DANBURY 4 WEEK CYCLE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Pancakes with Bacon	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Feta Cheesy Eggs w/ Home Fries	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice French Toast w/ Turkey Sausage	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Peppers and Onions Scrambled Eggs	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Fried Egg over Corned Beef Hash	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Egg Sandwich w American Cheese	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Scrambled Eggs with Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup of the Day Meatloaf Or Spiral Ham with Sweet Peas Mash Potatoes Regular or Sugar Free Dessert	Soup of the Day Turkey w/ Stuffing, Corn & Cranberry Sauce Or Ham & Cheese Sandwich w pickle and Coleslaw Regular or Sugar Free Dessert	Soup of the Day Spaghetti ala Bolognese Green Beans Or Chef's Special Regular or Sugar Free Dessert	Soup of the Day Breaded Pork Chop Or Herbed Chicken Scalloped Potatoes Brussels Sprouts Regular or Sugar Free Dessert	Soup of the Day Oven Roasted Chicken Leg Quarters Or Baked Sole Creamy Spinach Buttery-Parsley Egg Noodles Regular or Sugar Free Dessert	Soup of the Day Pot Roast Or Corned Beef -Swiss Croissant Roasted Potatoes Coleslaw Regular or Sugar Free Dessert	Soup of the Day BBQ Chicken Or BBQ Meatballs with Parmesan Mashed Potatoes Mixed Vegetables Regular or Sugar Free Dessert
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup of the Day II Philly Cheese Steak Sandwich w Fries Regular or Sugar Free Dessert	Soup of the Day II Sloppy Joe & Tater Tots Regular or Sugar Free Dessert	Soup of the Day II Chicken Salad Sandwich on Whole Wheat Peeled Mandarins Regular or Sugar Free Dessert	Soup of the Day II Deviled Eggs w / Macaroni Salad Bread Wedges Regular or Sugar Free Dessert	Soup of the Day II Quiche Lorraine & Baked Sweet potato Regular or Sugar Free Dessert	Soup of the Day II Turkey Pesto Provolone Melt Steamed Broccoli Regular or Sugar Free Dessert	Soup of the Day II Pizza Night & Garden Salad Regular or Sugar Free Dessert

“Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness”

WEEK 2

SPRING VILLAGE AT DANBURY 4 WEEK CYCLE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Pancakes with Bacon Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Pancakes with Bacon	Hot or Cold Cereal Western Omelet Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Feta Cheesy Eggs w/ Home Fries	Hot or Cold Cereal French Toast w/ Sausage Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice French Toast w/ Turkey Sausage	Hot or Cold Cereal Breakfast Burrito Wrap Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Peppers and Onions Scrambled Eggs	fresh baked muffins baked egg cups w/ ham & cheese	Hot or Cold Cereal Biscuit w Sausage gravy Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Egg Sandwich w American Cheese	Hot or Cold Cereal Scrambled Eggs with Bacon Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Scrambled Eggs with Bacon
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup of the Day Open Face Roast Beef Sandwich or Open Face Chicken Sandwich Mash Potatoes and Fiesta Corn Regular or Sugar Free Dessert	Soup of the Day Corned Beef & Swiss melt or Beef Stroganoff over Egg Noodles Green Beans Regular or Sugar Free Dessert	Soup of the Day Italian Sausage and Peppers over Pasta or Stuffed Fish Filet Sautee Peppers Baked Potato Regular or Sugar Free Dessert	Soup of the Day Shrimp Scampi or Chicken Piccata Spaghetti Carrot Coins Regular or Sugar Free Dessert	Soup of the Day pizza and salad Regular or Sugar Free Dessert	Soup of the Day Stuffed Cabbage Over Mash Potatoes or Deluxe Hamburger French Fries Regular or Sugar Free Dessert	Soup of the Day Chicken Paprikash w/ Rice Pilaf or Mac and Cheese 4 way mixed veg Regular or Sugar Free Dessert
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup of the Day 100% Beef Hot Dog Baked Beans Coleslaw Regular or Sugar Free Dessert	Soup of the Day Spaghetti w/ Marinara & Garlic Bread Regular or Sugar Free Dessert	Soup of the Day BLT or Tuna Salad with Crackers Chilled Pears Regular or Sugar Free Dessert	Soup of the Day Tuna salad w/ crackers Regular or Sugar Free Dessert	Soup of the Day Monte Cristo Sandwich w/ Tomato Soup Regular or Sugar Free Dessert	Soup of the Day Egg or Tuna Salad Croissant Pickle Spear & Chips Regular or Sugar Free Dessert	Soup of the Day Italian Sub w/Potato Chips Regular or Sugar Free Dessert

WEEK 3

SPRING VILLAGE AT DANBURY 4 WEEK CYCLE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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“Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness”

BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Pancakes with Bacon Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Pancakes w/ Bacon	Hot or Cold Cereal Western Omelet Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Feta Cheese Eggs w/ Home Fries	Hot or Cold Cereal French Toast w/ Sausage Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice French Toast & Turkey Sausage	Hot or Cold Cereal Breakfast Burrito Wrap Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Peppers & Onions Scrambled Eggs	Hot or Cold Cereal Bacon, Egg and Cheese Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Fried Egg over Corned Beef Hash	Hot or Cold Cereal Biscuit w Sausage gravy Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Egg Sandwich w/ American Cheese	Hot or Cold Cereal Scrambled Eggs with Bacon Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Scrambled Eggs w Bacon Slices
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup of the Day Deluxe Hamburger or Chicken Tenders w/Honey Mustard Dip with French Fries Regular or Sugar Dessert	Soup of the Day Swedish Meatballs Egg Noodles Cranberry sauce, Peas or Chicken Stew over Egg Noodles Regular or Sugar Free Dessert	Soup of the Day Parmesan Herb Crusted Tilapia Sauteed Spinach Rice Pilaf or Chef's Special Regular or Sugar Free Dessert	Soup of the Day Stuffed Peppers w/ Mash Potato or Sweet and Sour Chicken Over Jasmine Rice Regular or Sugar Free Dessert	Soup of the Day Chicken Schnitzel Spaetzle Red Braised Cabbage or Tuna Elbow Casserole w Peas Regular or Sugar Free Dessert	Soup of the Day Gnocchi alla Sorrentina w/ Garlic Bread or Beef Jardiniere Oven Roasted Potatoes and Dinner Roll Regular or Sugar Free Dessert	Soup of the Day Corned Beef and Cabbage with Boiled New Potatoes or Shepherd's Pie Regular or Sugar Free Dessert
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup of the Day Chicken Cutlet Sandwich Lettuce, Tomato Coleslaw Regular or Sugar Free Dessert	Soup of the Day Caprese Tortellini Salad with Cold Cuts Regular or Sugar Free Dessert	Soup of the Day Chicken Caesar Salad or Chef Salad Regular or Sugar Free Dessert	Soup of the Day Roast Beef Sandwich HorseRadish Mayo Lettuce and Tom Chips Regular or Sugar Free Dessert	Soup of the Day Open Face Turkey Sandwich Succotash and Baked Sweet Potato Regular or Sugar Free Dessert	Soup of the Day BBQ Pulled Pork Sandwich Coleslaw Tater Tots Regular or Sugar Free Dessert	Soup of the Day Turkey Provolone w/ Cranberry Mayo Croissant Chilled Peaches Regular or Sugar Free Dessert

WEEK 4

SPRING VILLAGE AT DANBURY 4 WEEK CYCLE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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“Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness”

BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Pancakes w Bacon	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Feta Cheese Eggs w Home Fries	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice French Toast & Turkey Sausage	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Peppers & Onions Scrambled Eggs	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Fried Egg over Corned Beef Hash	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Egg Sandwich w American Cheese	Hot or Cold Cereal Fruit Eggs a la Carte White, Raisin, Rye, English Muffin Toast Beverage of Choice Scrambled Eggs w Bacon Slices
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Soup of the Day Pepper Steak Stir Fry w/ Rice & Broccoli or Chicken Salad over Lettuce Bed, Crackers and Fresh Fruit Regular or Sugar Free Dessert	Soup of the Day Shrimp Cajun Alfredo Pasta w/Peas or Greek Salad Regular or Sugar Free Dessert	Soup of the Day Smothered Boneless Pork Chop or Chicken Marsala Mashed Potatoes and Steamed Broccoli Regular or Sugar Free Dessert	Soup of the Day Outdoor / Indoor BBQ Day Regular or Sugar Free Dessert	Soup of the Day Chicken Cordon Blue & Dijon Parm Sauce or Herbed Chicken Brussel Sprouts Rice Pilaf Regular or Sugar Free Dessert	Soup of the Day Kielbasa Over Sauerkraut and Pierogies or Cuban Sandwich Sweet Potato Fries Regular or Sugar Free Dessert	Soup of the Day Pasta Primavera w Chicken in Pink Sauce Garlic Bread or Pesto Pasta w Chicken & Roasted Grape Tomatoes Regular or Sugar Free Dessert
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Soup of the Day Chicken Parm Sandwich Coleslaw Regular or Sugar Free Dessert	Soup of the Day Mozzarella Sticks Marinara Sauce Sauteed Squash Regular or Sugar Free Dessert	Soup of the Day "Dim Sum Platter" Popstickers, Eggroll, Wonton Chicken Teriyaki Skewer Regular or Sugar Free Dessert	Soup of the Day Mac and Cheese or Chicken Pot Pie Sauteed Spinach Regular or Sugar Free Dessert	Soup of the Day BBQ Pork Ribette Baked Potato Buttery Corn Regular or Sugar Free Dessert	Soup of the Day Turkey Club Sandwich Onion Rings Regular or Sugar Free Dessert	Soup of the Day Chef's Special Regular or Sugar Free Dessert

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